

LOUDSPEAKER

The official magazine of KEVI Lordswood

Nov-Dec 2022

"History is not the past but a map of the past, drawn from a particular point of view, to be useful to the modern traveller."

- film reviews
- photography
- art
- articles

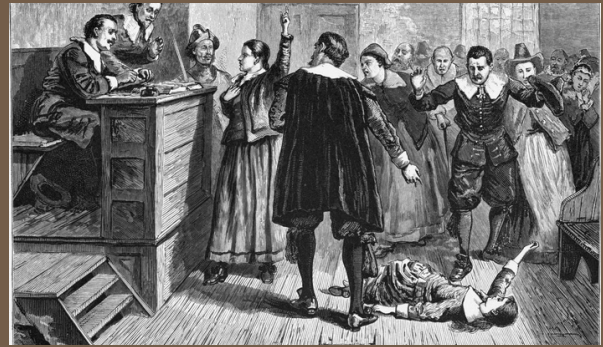
HISTORY EDITION

*Editors: Jomana Hussein, Rameesa
Abdul-Razaq*

LOUDSPEAKER; HISTORY

ARTICLES

Editor's Note	03
The partition of India	05, 06
The Salem witch trials	08
The reign of Queen Elizabeth II	09
Anti - bullying	10, 11
Women's rights	12, 13
History of FIFA	14,-16
Is Shakespear still relevant	17
Grigori Rasputin	18
the days of the week as Taylor Swift songs	19



ART

Movie recommendations	04
year 12 student photography	07



History edition

EDITED BY

Enrichment group:
Loudspeaker magazine

Editors' note

Welcome to the history edition of the loudspeaker magazine. We have chosen the theme history this term as we would like to recall and reflect on the past of our country and the world. There is value in history but as the years fly by, history is being forgotten. So in order to remember the great days of the past we have compiled this magazine in order to take you on a journey through time.

BY: Jomana Hussein and Rameesa
Abdul – Razaq

And the rest is history.

While we read history we make history.

History is who we are and why we are the way we are.

History is the link between the future. If you the history, you'll know the future.

History is a novel for which people are the authors.

History is not was, it is.

MOVIE RECOMENDATIONS

by:
Martin
Ma

L.F.C THE LAZY FILM CRITIC

MOVIE RECOMENDATIONS



Lord of the Rings is a Fantasy Adventure film that follows Frodo Baggins, a Hobbit who goes on an important adventure which the fate of Middle Earth depends on. This film is more of an interesting take on the traditional Adventure story with

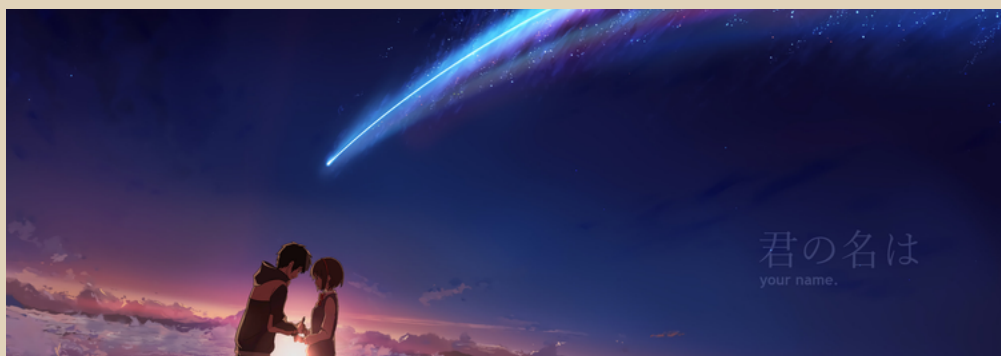


Encanto is a film about the Madrigal Family who are suddenly blessed with extraordinary gifts which then encompass the area around them to become magical. This film is a good recommendation for people who want to watch something with family



YOUR NAME- 2016

Your name is about two students who meet and fortunately swap bodies with each other. They start connecting magically and begin to have feelings for each other. This is a fantastic film because of not only the animation but the intriguing story of two people sharing different bodies but still having the same lives.



THE BATMAN- 2022

The Batman is a new film released this year. It follows the tale of the iconic superhero Batman however completely reinvented by director Matt Reeves. The reason I recommend this film is due to the mature messages it represents such as Social Corruption and Serial Killers.



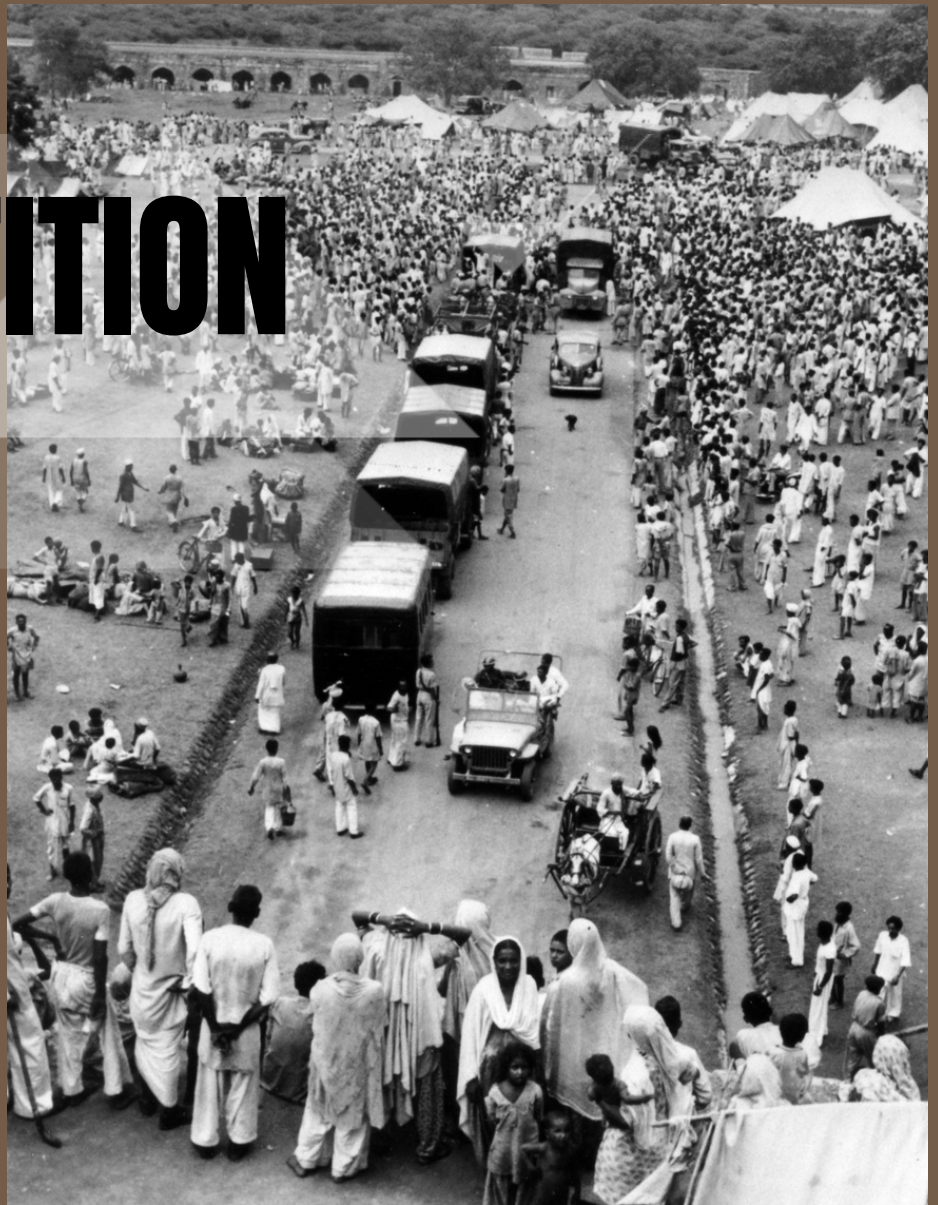
For this edition of loudspeaker the theme is history so I thought I would talk about something that affected my family during 1947

THE PARTITION OF INDIA

A

ugust 1947 is a key part of my history because it was the year India gained independence. Three hundred years after the British left India won its independence and Pakistan was created. East Pakistan

became what's now known as Bangladesh. For some South Asians this is a very important moment in our history. There was tension between the religions and there was a lot of violence. More so in Punjab and Bengal where the borders were.



Louis Mountbatten, the last Viceroy of India, announced that Britain had accepted that the country would divide and that India would be mainly Hindu & Sikh and Pakistan mainly Muslim. Mountbatten announced the date for their independence and on 15th August 1947 British troops withdrew from India. However due to this split there was a big impact. Millions of people were forced to leave their homes and belongings to go to where they had to go. Over 15 million people had to move themselves to 'the right side' and between 1 and 2 million people were killed in dreadful massacres. This is seen as the largest population movement in history. The worst atrocities occurred in Punjab.

People had been angry at Mountbatten for rushing the partition because of what was caused.

An issue that still remains to this day is over the state of Kashmir and who it should belong to which creates tension.

A show that represents this topic very well is the Marvel show 'Ms Marvel' which is about a Pakistani Muslim teen girl from America who finds out she's a superhero. In one of the episodes, she goes to Pakistan to visit her nani and goes back in time during the partition and it's very chilling and real and portrays the pain. However there was something her nani said that really stuck out to me.



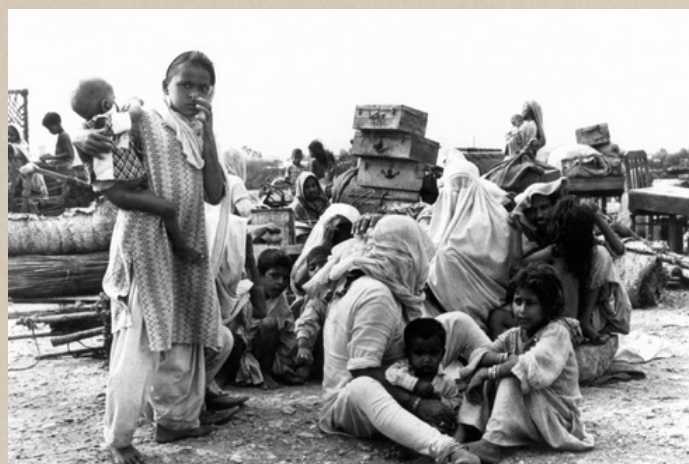


She said "my passport is Pakistani, my roots are in India. And in between all of this, there is a border. There is a border marked with blood and pain.

People are claiming their identity based on an idea some old Englishmen had".

This really shows that people born during this time have a hard time understanding where they come from and what truly is their culture. It made people confused about their cultural identity and shows that they're still trying to figure out who they were.

In this issue, we'd like to interview the current global J-pop sensation Itsuki Takahashi, known internationally as KENKYUSHA, regarding his humble beginnings as a son of the owner of a modest sushi restaurant in his hometown and his development as one of the most prolific J-pop artists in the early 21st century.



"TWO PHOTOGRAPHS
TAKEN BY ME OF
CITADEL OF ERBIL .
WHAT DOES THIS
HAVE TO DO WITH
HISTORY WELL IT'S
-AN ANCIENT
WONDER
SETTLED MORE
THAN 6,000 YEARS
AGO, ERBIL CITADEL
IS THOUGHT TO BE
ONE OF THE
LONGEST
CONTINUOUSLY
INHABITED SITES IN
THE WORLD"-ROSE
SULAIMAN YR12



16TH DECEMBER 2022 | MALAIKA AMIN YEAR 11 | YOUR FELLOW HISTORIAN



The Dark Torture Untold

The lurking suspicion, the paranoia of the supernatural, and the victims of rumours flourished in Salem. The Puritans had firm discriminatory beliefs that women were innately sinful creatures, easily beguiled to damnation. Regardless of men's and women's equality in the eyes of God, they wholeheartedly believed that wasn't the case with the Devil. That women's "vulnerable" and "weak" minds and bodies appeared to expose themselves against Satan's temptations. This sentiment seemed to be fueled by the abundance of women accused of witchcraft, supposedly aligning themselves with the Devil.

To the untrained eye, the Salem Witch Trials were a dreadful era, but apparently, they only used hanging and the rare drowning to torture the suspects. The trails were more gruesome than they originally appeared. Their medieval torment tactics brought unease to the faint of heart. If you don't believe me, here are a few: "The Iron Maiden", a solid iron cabinet with a spike-covered interior, sufficiently tall enough to enclose a human, the accused would be placed inside with their flesh being cut and prodded until the interrogator felt a worthy confession presented itself; "The Scavenger's Daughter", a device created during the reign of Henry VIII, where the item would crush the accused's body so harshly, it would cause internal bleeding, broken bones and eventually death; last but not least, "The Rack", the most widely used and gory of the techniques, the accused would be on the contraption, their limbs stretched passed their limit until they dislocated and ripped from their sockets in an agonizingly slow method.



The Significance

The legacy of the Salem Witch Trials lives on in fables, in the spirit of Samhain and the Wiccan community. This event contributed to the changes in US court procedures, including the right to legal representation, cross-examination and the presumption of innocence.

After reading in depth about the Salem Witch Trials, I experienced a metamorphosis from an unsuspecting individual to understanding the monstrosity of humankind. This ideology resonated with a quote from Bryant H. McGill. "In all known time, there has never been a greater monster or miracle than the human being."

In my opinion, the real monsters aren't the ones that are different or the outliers of society but those who cast those unfortunate beings into a state of isolation. You see, outcasts aren't created from their greed or selfishness but from the cruelty of those who didn't wish to see them prosper. Humanity is selfish, we constantly rave about creating change, but we cannot accept it. We are the monsters, the constant misery that the world must withhold.

"He wondered at the atrocities human kind was capable of committing. The majority of those housed below were ill, mentally or physically, not witches. Most were poor victims--the outcasts of society; or the opposite, people so blessed, others coveted their lives."

- Brynn Chapman, *Where Bluebirds Fly*



The Salem Witch Trials Witchcraft in Massachusetts 1692 - 1693

The history of the Salem Witch Trials was dark. During the medieval ages of the 1600s, countries were ruled by religion and superstition rather than by political decisions. Colonial Massachusetts provided one such instance. Honest people butchered by the rituals of strictness, unmerited and contentious bits of dreams, feelings, diviner's words and all such considered significant proof for sentencing somebody to be a witch.

The Puritan faith caused strife between neighbors, friends, and even family in the small town of Salem. This occasion started with two little children, Elizabeth Parris and Abigail Williams, who exhibited strange way of behaving like fits, distortion in peculiar positions and shouts of mixed up words. The doctor was of the opinion that these elements were the result of supernatural means. At the same time that the "witchcraft craze" began to spread, a lot of teenage girls started having the same episodes.

It was determined that three women were "guilty" of seducing these guiltless lambs; Tituba, a Caribbean woman who was sold into slavery by the Parris family, Sarah Good, a homeless beggar, and Sarah Osborne, an elderly poor woman. Osborne claimed she was innocent, and Good agreed, but Tituba confessed, saying, "The devil came to me and bid me to serve him." It is still unknown if she dabbled in the devilish arts or if she did this to spite the accusations leveled against her.

A slew of accusations ensued in response to her confession, with the blood of hundreds of honest victims.

READ THE LOUDSPEAKER TODAY TO HEAR ALL ABOUT HISTORY!

The reign of Queen Elizabeth II

Queen Elizabeth II was a dedicated monarch who showed great commitment towards our country and, for many, it is devastating that her reign is now over. This is going to be the biggest change for our country in recent history. Queen Elizabeth had been on the throne longer than any other monarch, and as citizens in the UK we appreciate the service that our majesty had done for 70 years. But now, as our king takes up the responsibility after the death of Queen Elizabeth II, things around the country – from the national anthem to money – will change as well.

After the announcement of the monarch's death, her eldest son and heir, Prince Charles, 73, became King Charles III. Plans for the Queen's death, known as Operation London Bridge, had been in place for years, as well as plans to begin the King's reign, known as Operation Spring Tide. But there are still things that will change in the coming days, months and possibly years.

Here are some examples as to what is going to change in the UK.

Money

All currency in the UK, known as the pound sterling, features Queen Elizabeth's portrait, which will eventually be replaced with the King's portrait. This will take at least around two years.

Flags

Flags across the country at police stations, government buildings and other locations that have the Queen's image will need to be replaced. The new logo, along with the colours, have not been announced. Another flag that could change is the Queen's colours flag.

Family titles

Aside from Charles' title, numerous titles in the Royal Family also change. King Charles III's wife, Camilla Parker Bowles, is now Queen Consort. Prince William and Kate Middleton, who were the Duke and Duchess of Cambridge, are now the Duke and Duchess of Cornwall and Cambridge.

Even though Prince Harry and Meghan Markle have left the Royal Family, there's a chance that their children, Archie and Lilibet, could be bestowed the titles of Prince and Princess.



ANTI-BULLYING

BY ZAIDA - POALO DELEON -
GRAM AUTO YR12

Each of us deserves the freedom to pursue our own version of happiness. "No one deserves to be bullied." (Barack Obama, 2010). During the last two decades, bullying has been taken with the seriousness it needs to be taken, but sadly the solutions have taken more time than thought. Bullying is still a power conflict where someone needs to be strong and the other weak; it also perpetuates the false belief that bullying only happens between children, which results in a reality shock when adults are subjected to this type of assault. The solution proposed and functional sounds easy to just talk about, but in reality, it is a real challenge to do it. Differences might be celebrated and sought to be understood so that we can learn from each other.



BLOWING OUT SOMEONE ELSE'S
CANDLE, DOESN'T MAKE YOURS
SHINE BRIGHTER.

Bullying can be shown in statistics and numbers, even though its consequences are not measurable. Every year, bullying takes thousands of lives because, yes, it is a big problem and not "just part of being a kid" (NCBI, 2021). According to the CDC (2020), around 4,400 suicides are registered per year that are occasioned by bullying; also, every suicide can be equated to another 100 attempts. Bullying has been present in humanity since prehistoric times, which is terrifying given how these violent actions became acceptable and part of the culture to show strength or weakness. Bullying is not exclusive between kids; nowadays, any person with internet access has the power and authority to publish or send a hate message through social media, which has been a controversial topic during the last few years. When discussing the cancellation culture and free expression, it is important to remember that your freedom ends where someone else's freedom begins.



From "small actions that do not matter" like insults, threats, or being excluded for factors like appearance, economic situation, sexual preferences, or anything that makes us different, bullying starts, and it needs to be stopped. According to the National Educational Association, bullying "can be as direct as teasing, hitting, threatening, destruction of property, or forcing someone to do something against their will, or as indirect as in rumors, exclusion, or manipulation." Bullying is not a game or even something tolerable, and it is also necessary to clarify that not all behaviour is bullying. Also according to the NEA (2020), there are three facts to consider to determine if it is bullying: repetition, the enjoyment of suffering, and taking the situation as a power issue. Bullying can take different forms, but some of them are easy to identify, prevent, or combat, like cyberbullying, sexting, sexual harassment, and physical or verbal assaults. The sooner these aggressions are identified, the less complicated they can be treated and stopped. Bullying is a problem that has two directions but only one way to be stopped: by talking.



Talking does not mean that you are weak or a gossip. Raising your voice is a call for help for both parts of the problem. According to the NEA (2020), bullying can have severe emotional and academic consequences for both parties. Asking for empathy and comprehension for the bully can be difficult sometimes, but sadly, all the assaults are just a reflection of the many problems in their life. This is why teaching and learning to identify bullying is part of an integral solution. Telling a friend, teacher, parent, tutor, or any other person about what is going on can even save a life. There is always someone who can hear you, no matter the time of day or night; your voice is important, and your feelings matter enough.

Instead of making divisions about your differences, let's learn from the others and grow from the unknown. Bullying is a big problem, but humanity has been learning about prevention culture and the usefulness it can result in for a better life. This is the case with bullying, and learning to identify it and to answer back can save thousands of lives. For a collective response, collective actions like consent campaigns are needed to familiarise people with the different types of bullying, understand it, and know why some behaviours are not tolerable.

Women's Rights

In our world there are a lot of things that are not fair. For example, not having certain rights. Or not having a choice. Or not being able to do something. Or simply being judged because you happen to be a woman.

These are some of the things that women are forced to go through. It might seem like things such as judging others or preventing others from having certain rights or making certain choices only existed during days of old. Well, yes, they are things of the past... but they do, sadly, still exist - very shockingly and unfairly in some places around the world.



In some places women are not allowed to have a voice, and if they do try to raise their voice they might be beaten up or, in extreme cases, murdered. There are some tragic recent examples of women whose voices and attempts to express their human rights have led to them paying an ultimate sacrifice.

Mahsa Amini was killed in Iran because of not wearing a hijab, sparking huge protests throughout the country. Serina Esmailzadeh was killed, reportedly by Iranian security forces, whilst protesting Amini's death. In similar protests, Hadis Najafi, another Iranian woman, was shot dead. In the same country, Romina Ashrafi was killed for eloping with her older boyfriend. All of these tragedies occurred in 2022 - and yet many claim that society has become fair and equal for all.



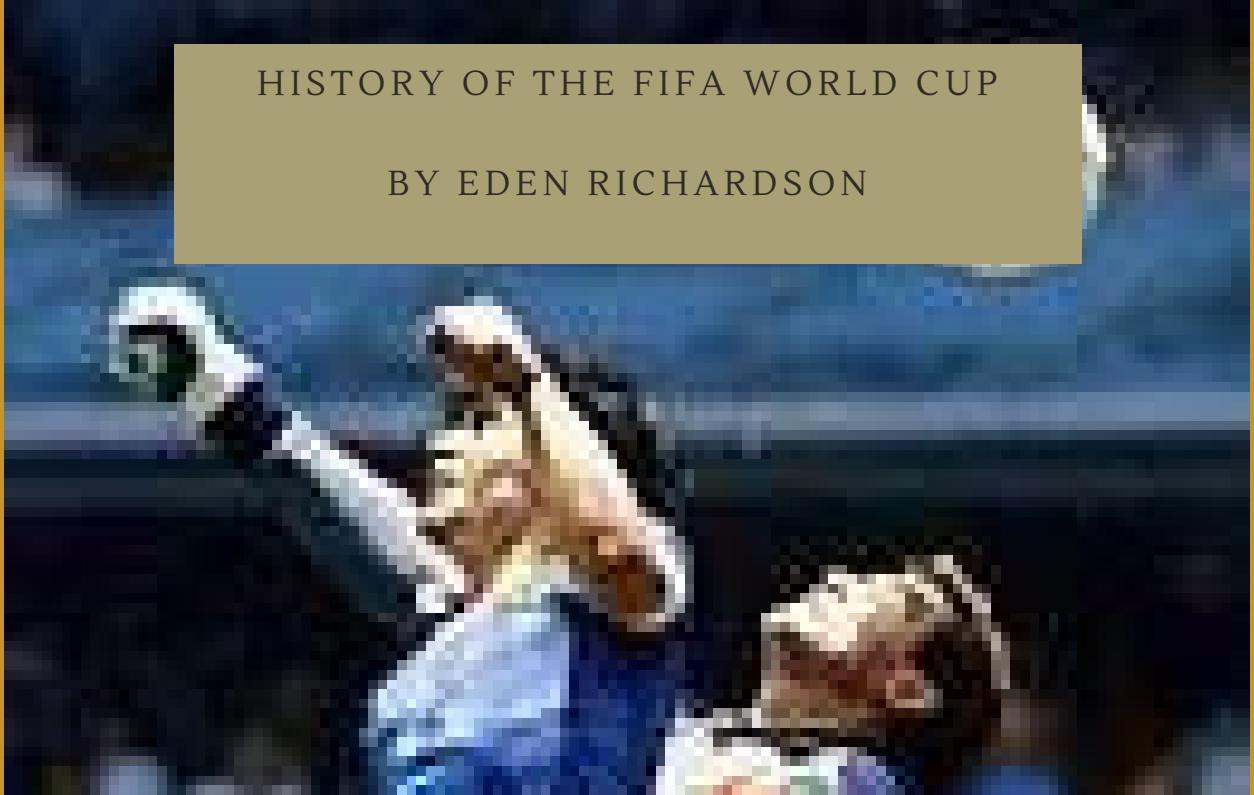
These are just SOME examples but to explain the real thing, it is worth considering an alarming statistic. According to the UN, an average of 137 women across the world are killed by a partner or a family member every day.

We have come a long way in terms of securing gender equality, but it is clear that there is still such a long way to go before women feel safe, protected and respected.



HISTORY OF THE FIFA WORLD CUP

BY EDEN RICHARDSON



1930s

In 1930, the first World Cup was held. The host country was Uruguay, who also went on to win it. There were only three stadiums that were used in this inaugural World Cup. It ran from 13th July to 30th July.

In 1934, the second World Cup was held by Italy. Again, the hosts went on to win the tournament. They beat Czechoslovakia in the final on 10th June.

In 1938, the third World Cup was played. It took place in France, who became the first hosts not to win or even reach the final. It took place from 4th June to 19th June. Italy won it for the second time. This was the final World Cup before World War Two.



1950s

In 1950, the first World Cup since World War Two occurred. This time, it took place in Brazil, who finished second after losing the final to Uruguay, who won it for the second time. The tournament took place from 24th June to 16th July. This was the first World Cup that England took part in.

In 1954, Switzerland hosted the fifth World Cup. Sixteen teams took part in this World Cup, including England. It was held between 16th June and 4th July, with West Germany beating Hungary 3-2 in the final.

The hosts in 1958 were Sweden. The winners, however, were Brazil, who, inspired by a young Pele, beat the hosts in the final. It ran from 8th June to 29th June.

1960S

IN 1962, CHILE HOSTED THE SEVENTH WORLD CUP. THERE WERE STILL ONLY SIXTEEN TEAMS TAKING PART, WHILST THERE WERE ONLY FOUR VENUES THAT HOSTED ANY GAMES. IT TOOK PLACE FROM 30TH MAY TO 17TH JUNE, WITH BRAZIL BEATING CZECHOSLOVAKIA IN THE FINAL 3-1.

IN 1966, ENGLAND HOSTED, AND WON, THE EIGHTH EDITION OF THE WORLD CUP. THEY BEAT WEST GERMANY IN THE OLD WEMBLEY STADIUM, WINNING 4-2 AFTER EXTRA-TIME. THE TOURNAMENT TOOK PLACE FROM 11TH JULY TO 30TH JULY.



1970S

THE NINTH VERSION OF THE WORLD CUP WAS IN 1970. THE HOSTS WERE MEXICO. IT HAPPENED FROM THE 31ST OF MAY TO THE 21ST JUNE. BRAZIL WON IT FOR THE THIRD TIME, AND BEAT ITALY.

WEST GERMANY HOSTED THE 10TH VERSION OF THE WORLD CUP IN 1974. THEY WENT ON TO WIN IT, AND BEAT THE NETHERLANDS. IT OCCURRED FROM THE 13TH JUNE TO THE 7TH JULY.

IN 1978, THE 11TH EDITION OF THE WORLD CUP OCCURRED. IT TOOK PLACE IN ARGENTINA, AND WENT FROM THE 1ST JUNE TO THE 25TH JUNE. NETHERLANDS LOST THE WORLD CUP FINAL FOR THE SECOND TIME IN A ROW, THIS TIME TO ARGENTINA.

1980's

The world cup in 1982 was hosted by Spain. It took place from the 13th June to the 11th July. There are now 24 teams taking part.

The 13th world cup was Mexico 86. It took place from the 31st May to the 29th June. Argentina went on to win their second title, but there was some controversy. This was because, when they played England in the quarter final, Maradona scored a goal with his hand. This goal is called the Hand of God.

1990's

Italy hosted the next world cup, and the year was 1990. It went on from the 8th June to the 8th July. West Germany went on to win their third World Cup title, when they beat Argentina 1-0.

In 1994, the USA hosted the World Cup. This was the last World Cup where England did not qualify. It took place from the 17th June to the 17th July. Brazil went on to win their 4th world cup.

In 1998, France hosted the 16th World cup. This was the first world cup to feature 32 teams. It took place from the 10th June to the 12th July, France beat Brazil in the final, winning their first world cup.



2000's

In 2002, Korea and Japan hosted the world cup, which went from the 31st May to the 30th June. Brazil won their 5th world cup, when they beat Germany 2-0.

From the 9th June to the 9th July 2006, Germany hosted the 18th World Cup finals. Italy went on to win the world cup, defeating France in a penalty shoot-out. It was Italy's 4th world cup title.

2010's

In 2010, South Africa hosted the World Cup. It went on from the 11th June to the 11th July. Spain went on to win their first world cup, after beating the Netherlands 1-0.

In 2014, Brazil hosted the world cup. Germany went on to win their 4th World Cup, after beating Argentina 1-0. It went on from the 12th June to the 13th July. In the semi final, Germany beat the hosts 7-1, knocking out Brazil.

Russia hosted the 21st edition of the World Cup in 2018. It went on from the 14th June to the 15th July. England ended 4th place, whilst France went on to win their 2nd World Cup title.

In 2010, Qatar was confirmed to host the 2022 World Cup. It would be the first World Cup to be hosted in the winter. This World Cup has been controversial for its treatment of women and gay people. If people are gay in Qatar, they could go to prison, or possibly be killed. Also, a lot of fans couldn't make it because of where it is.



IS SHAKESPEARE STILL RELEVANT?

By Martin Ma

Friday, 16th December 2022

One of the most intensely debated questions in modern schools is whether Shakespeare is still relevant?

William Shakespeare is regarded as arguably the most influential writer in history. Most students however, believe that Shakespeare is outdated in this era. Shakespeare was a massively influential figure in the 17th century, he is known for his work in the theatre industry and his hugely successful plays. E.g : Romeo and Juliet, Hamlet, Othello and much more. Shakespeare has also introduced over 1,700 words into the English vocabulary, some of which we still use today.

Shakespeare has often challenged social stereotypes throughout many of his plays. An example of this would be in his comedy themed play 'The Merchant Of Venice.' where he intentionally challenges the Anti-Semitic views of society by having the main protagonist be a Jewish usurer. This was uncommon at the time because of the mainly English, Christian society he lived in. Shakespeare would also introduce a lot of powerful female characters. Women during the 17th century were seen as Housewives and almost objects for a man to own. Shakespeare instead, made a lot of his Female characters centred around challenging Men such as Emilia from Othello or Lady Macbeth. He does this to showcase the equality he wanted during that era but some can interpret this as him relating these strong female leads to Queen Elizabeth 1st who was the ruler of England during that time.

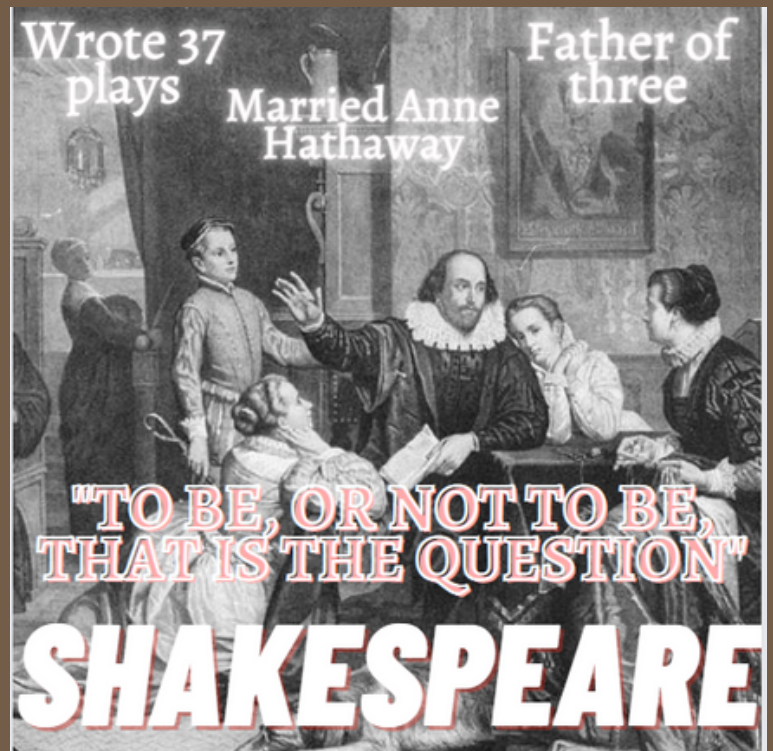


photo edit by Sidra Safeer

Another possible reason as to why Shakespeare is still so popular today is because of the themes he chooses for each play. It was a well-known fact that Shakespeare worked for the Queen/King so he had limits to what he could write. He did however, pick many of his own themes that were related to that era. Othello for example, explores the racial discrimination of North Africans or another plot unrelated to preconceptive themes being King Lear and how suffers from dementia, Shakespeare delves into this and explores how the loss of memory affects someone's livelihood.



Grigori Rasputin

By Lara Eaton 11s

GRIGORI RASPUTIN, FAMOUSLY KNOWN AS RASPUTIN, WAS A RUSSIAN MYSTIC WHO BEFRIENDED THE FAMILY OF NICHOLAS II, THE LAST EMPEROR OF RUSSIA. AS FAR AS HISTORIANS ARE CONCERNED, THERE ARE NOT MANY THINGS THAT ARE KNOWN ABOUT HIS EARLY YEARS BUT WE DO KNOW OTHER KEY FACTS ABOUT HIM, WHICH SOME MIGHT CONSIDER MYSTERIOUS. RASPUTIN WAS KNOWN FOR HIS SUPPOSED HEALING POWERS AS HE MANAGED TO STOP THE TSAR'S SON, ALEXEI, FROM BLEEDING. THE TSARINA BECAME CONVINCED THAT HE DID HAVE HEALING POWERS - A BELIEF THAT WOULD CAUSE RASPUTIN TO GAIN INCREASED INFLUENCE WITH THE ROMANOV FAMILY. HIS SO-CALLED HEALING POWERS HAVE CAUSED SOME INTEREST IN HISTORIANS AND HAVE CAUSED OTHERS TO BE WEIRDED OUT. HE ALSO SURVIVED AN ASSASSINATION ATTEMPT ON 12TH JULY 1914 WHEN HE WAS STABBED IN THE STOMACH BY A PEASANT WOMAN NAMED CHIONYA GUSEVA. THE SECOND ASSASSINATION ATTEMPT TOOK PLACE ON THE NIGHT OF 29TH DECEMBER 1916 OUTSIDE OF THE PALACE OF PRINCE FELIX YUSUPOV. YUSUPOV ALONG WITH OTHER NOBLES POISONED HIM WITH CYANIDE-LACED CAKES AND DRINKS BUT TO THEIR DISBELIEF, HE WAS OK AND NOT DEAD LIKE THEY HAD HOPED. AFTERWARDS, HE SURVIVED A GUNSHOT OUTSIDE OF THE PALACE AND KEPT WALKING, HOWEVER, THE ATTEMPT DID END WITH HIS DEATH THOUGH IT TOOK THE CONSPIRATORS TO SHOOT HIM MULTIPLE TIMES FOR HIS DEATH TO COME. HISTORIANS KNOW THAT THE CONNECTION BETWEEN RASPUTIN AND THE TSARINAS WAS IMPORTANT AS IT TURNS OUT THAT TSARINA ALEXANDRA (ALEXANDRA FEODOROVNA) HAD A PASSIONATE AFFAIR WITH RASPUTIN HIMSELF. AFTER ALL, RASPUTIN REMAINS ONE OF THE MOST FASCINATING CHARACTERS OF RUSSIA'S PAST AS HE APPEARS TO BE A SERIOUSLY IMPORTANT FIGURE IN THE HISTORY OF RUSSIA AND THE HISTORY OF THE WORLD.

A Week Of Taylor Swift

By Umme-Janet Abbas and Aman Cheema

MONDAY- 'Exile' ft. Bon Iver

Feeling: Looking back at how things used to be and realising how much things have changed. For Year 13 students, in the last year of school, it's about looking back at the seven years of secondary school and how it's all coming to an end in a bittersweet way.

TUESDAY- 'Right where you left me'

Feeling: Tuesday feels like a forgotten day in the week. It's not as dreary as Monday, but it's not midweek like Wednesday, or the end like Thursday and Friday. It's the song you listen to when you feel as though you're just surviving, not living. You're just going through the motions, simply following your routine, not giving it a second thought.

WEDNESDAY- 'All Too Well'

Feeling: The middle of the week, a day of looking back and forward simultaneously. You've experienced the hardship of the start of the week, but now you're a little bit wiser as to how to get on with the rest of it and make it to Friday.

THURSDAY- 'Out Of The Woods'

Feeling: Hoping for that extra bit of strength to get through the last day or two of the week. You can feel the excitement starting to build up as the weekend approaches. As the song asks, 'Are we out of the woods yet?' Almost. FREEDOM.

FRIDAY- 'Afterglow'

Feeling: The happiest day of the week - two days of relaxation (and maybe some work) ahead of you. You've made it to the afterglow of the week.

SATURDAY- '22'

Feeling: Saturday is party night. You feel 22 no matter how old you are. Ready to spend your weekend however you want.

SUNDAY- 'The Best Day'

Feeling: A comforting day where you feel excited and happy to see what the week holds needs a comforting song. That's this.

