

# Together, we thrive and add value to the world

## Be ready \* Be respectful \* Be resilient

King Edward VI Lordswood School for Girls

Our Pastoral Offer To Support Our Students

<b>Universal Offer-</b> Offered to ALL students	<b>Universal Plus (Extra Help)-</b> A child and their family have needs that require support and interventions above and beyond universal services
<p><i>Behaviour and Attitudes:</i></p> <ul style="list-style-type: none"> <li>● Quality First Teaching</li> <li>● Differentiation and in lesson support</li> <li>● Assessment and feedback</li> <li>● Parental contact via Weduc/Classcharts/phone/ email/letter/ meetings</li> <li>● Use of SIMS behaviour data for rewards and sanctions</li> </ul> <p><i>Attendance:</i></p> <ul style="list-style-type: none"> <li>● Attendance monitoring</li> </ul> <p><i>Overall wellbeing:</i></p> <ul style="list-style-type: none"> <li>● Weekly bulletins to all stakeholders</li> <li>● Website with useful links for all stakeholders</li> <li>● Opportunities to attend co curricular clubs</li> <li>● Coffee mornings for all parents to attend after each parents evening</li> </ul> <p><i>Mental Health:</i></p> <ul style="list-style-type: none"> <li>● Assemblies</li> <li>● Kooth signposting</li> <li>● Review time</li> <li>● PHSCE</li> <li>● Parental workshops</li> <li>● Staff CPD</li> </ul>	<p><i>Behaviour and Attitudes:</i></p> <ul style="list-style-type: none"> <li>● Behaviour/ Punctuality Report to Review Tutor/Subject teacher/ Lead Professional/ Achievement Coordinator, Behaviour Manager or SLT</li> <li>● Daily meetings with student and link staff</li> <li>● Timetable tracker to identify areas of strength and concern</li> <li>● Change of teaching groups/ year group side</li> <li>● Direction to positive activities during break/ lunch</li> <li>● Individual risk assessments</li> <li>● Conflict resolution with staff/ peers</li> <li>● Intervention with internal Family Support Worker</li> </ul> <p><i>Attendance:</i></p> <ul style="list-style-type: none"> <li>● Early intervention attendance/ punctuality conversations with students, family and link staff</li> <li>● Intervention with internal Family Support Worker</li> </ul> <p><i>Special Educational Needs:</i></p> <ul style="list-style-type: none"> <li>● Pupil passports for students with SEND</li> <li>● Refer to SENCO for screening/ diagnosis</li> </ul> <p><i>Overall wellbeing:</i></p> <ul style="list-style-type: none"> <li>● Signpost to 'Waiting Room' website</li> <li>● 3 Houses completed by relevant staff</li> <li>● Time Out Card</li> <li>● Early Lunch pass</li> </ul>

	<ul style="list-style-type: none"> <li>● Complete 'Our Family Plan'- this can be used internally or can be sent off to EHT</li> </ul> <p><i>Mental Health:</i></p> <ul style="list-style-type: none"> <li>● Mental Health First Aiders signposting</li> <li>● Place 2 Talk signposting</li> <li>● Place 2 Be referral</li> <li>● Referral to behaviour mentor or to an appropriate mentoring programme e.g. resilience, anxiety</li> <li>● Personalised risk assessments and safety plans</li> <li>● STICK Team consultation</li> </ul> <p><i>External Agencies:</i></p> <ul style="list-style-type: none"> <li>● Early Help Assessment</li> <li>● Police contact with Police Link Liaison Officer- PC Ian Ledwith</li> </ul> <p><i>Pupil Premium Funding:</i></p> <ul style="list-style-type: none"> <li>● If a student is in receipt of PP funding, we may be able to support in a variety of ways</li> </ul>
<p><b>Additional Needs (Targeted Help)</b>- A child and their family have needs that require a multi-disciplinary approach. A number of these indicators would need to be present to indicate need at this level</p>	<p><b>Complex and Significant Needs (Specialist Help)</b>- A child or their family have needs that are so complex or significant that the child's health and development may be impaired without the provision of services or where there is reasonable cause to suspect that the child is suffering or likely to suffer significant harm.</p>
<p><i>Behaviour and Attitudes:</i></p> <ul style="list-style-type: none"> <li>● Referral to Behaviour Mentor</li> <li>● Behaviour/ Punctuality Report to Review Tutor/ Achievement Coordinator, Behaviour Manager or SLT</li> <li>● Mentor in other staff</li> <li>● Intervention with internal Family Support Worker</li> </ul> <p><i>Attendance:</i></p> <ul style="list-style-type: none"> <li>● School Attendance Review Meeting then Fast Track Process</li> <li>● Intervention with internal Family Support Worker</li> </ul>	<p>Urgent call to CASS (Advice Line): Contact details</p> <p>Monday to Thursday: 8:45am to 5:15pm Friday: 8:45am to 4:15pm Telephone: 0121 303 1888</p> <p>Emergency out-of-hours Telephone: 0121 675 4806</p> <p><b>Must be reported to DSL</b></p> <p>then MASH (Multi Agency Safeguarding Hub) may be involved</p> <p>Or call 999 as an emergency safeguarding response if needed</p>

<ul style="list-style-type: none"> <li>● Education Welfare Officer involvement/ home visits</li> </ul> <p><i>External Agencies:</i></p> <ul style="list-style-type: none"> <li>● Family Connect Referral</li> <li>● Request for Support (Early Help via Right Help, Right Time). To be completed by a DSL and sent to CASS- ideally need consent from families</li> <li>● PREVENT screening tool for students at risk of radicalisation</li> <li>● CSE/ CCE Screening Tool for students at risk of sexual or criminal exploitation</li> </ul> <p><i>Mental Health:</i></p> <ul style="list-style-type: none"> <li>● STICK team referral/ support/ STICK team consultation</li> <li>● Online referral to Forward Thinking Birmingham</li> <li>● Safe space at break and lunch</li> <li>● Personalised risk assessments and safety plans</li> </ul>	<p><i>Behaviour and Attitudes:</i></p> <ul style="list-style-type: none"> <li>● Referral to Alternative Provision</li> <li>● Managed move/ passport placement</li> </ul>
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List of agencies we could make referrals to:

	Agency	Specialism	Contact
<b>A</b>	<b>Aquarius</b> - referral gaming/ addiction to drugs/alcohol	Addiction (drugs, alcohol, gambling) VAPING included	<a href="https://aquarius.org.uk/">https://aquarius.org.uk/</a> youngpeople@aquarius.org.uk 0121 622 7780  <a href="https://aquarius.org.uk/our-services/young-people-services/birmingham-yp/">https://aquarius.org.uk/our-services/young-people-services/birmingham-yp/</a> - download referral form
	<b>All Saints Youth Project</b>	Mental Health Family support, 1-1 support, anger	<a href="https://www.allsaintsyouthproject.org.uk/">https://www.allsaintsyouthproject.org.uk/</a> 0121 443 1842 <a href="mailto:info@asyp.org.uk">info@asyp.org.uk</a> <a href="https://www.allsaintsyouthproject.org.uk/asypreferralform">https://www.allsaintsyouthproject.org.uk/asypreferralform</a> - referral form online

	<p>Youth activities, family support, counselling - RUNS <b>MOSAIC</b></p> <p><b><u>Act on it - Relationships</u></b></p>	<p>management</p> <p><b>MOSAIC</b> is a new group, which provides support, friendship, and a safe space for LGBTQIA+ identifying young people aged 11-19 years old.</p> <p>Healthy relationships- advice/support for professionals, parents &amp; individuals</p>	<p>Mosaic info and referrals <a href="mailto:c.moorhouse@asyp.org.uk">c.moorhouse@asyp.org.uk</a></p> <p>(CHe has referral form on email)</p> <p><a href="https://www.actonitnow.org.uk/about">https://www.actonitnow.org.uk/about</a></p>
<p><b>B</b></p>	<p><b>BEAT-</b> eating disorder support</p> <p>Current referral through FTB through this link: <a href="https://referrals.forwardthinkingbirmingham.nhs.uk/">https://referrals.forwardthinkingbirmingham.nhs.uk/</a></p>	<p>Eating disorders</p> <p>Support groups for carers:</p>	<p><a href="mailto:ambassadors@beateatingdisorders.org.uk">ambassadors@beateatingdisorders.org.uk</a>.</p> <p><a href="https://www.beateatingdisorders.org.uk/get-information-and-support/">https://www.beateatingdisorders.org.uk/get-information-and-support/</a> Beat- one-to-one webchat on same link above. Youthline: 08088010711</p> <p><a href="https://www.beateatingdisorders.org.uk/get-information-and-support/support-someone-else/the-aviary-online-support-group/">https://www.beateatingdisorders.org.uk/get-information-and-support/support-someone-else/the-aviary-online-support-group/</a></p> <p><a href="https://www.beateatingdisorders.org.uk/training-events/find-training/training-for-parents-and-carers/raising-resilience/">https://www.beateatingdisorders.org.uk/training-events/find-training/training-for-parents-and-carers/raising-resilience/</a> <a href="https://elearn.beateatingdisorders.org.uk/">https://elearn.beateatingdisorders.org.uk/</a> -POD carers/ School resource bank</p> <p>Clinical lead art therapy dawndurrant@bcat.info <a href="http://www.bcat.info">www.bcat.info</a></p>

	<p><b><u>BCat Art therapy</u></b> Charitable funding</p>	Art Therapy	<p>Waiting list for One-to-One therapy - opens at the beginning of each month  <b>BEAR</b> (Bereavement, Emotions And Resilience) project helps families who have experienced the death of a loved one in the last six months</p>
	<p><b><u>Beyond the Horizon</u></b> Difficulties after bereavement, relationship breakdown or domestic abuse</p>	Counselling	<p>Referrals made via school  <a href="mailto:enquiries@beyondthehorizon.org.uk">enquiries@beyondthehorizon.org.uk</a> or call 444 5454</p>
	<p><b><u>Barnardos</u></b> Amazon Young Peoples' Counselling Service</p>	Counselling	<p><a href="mailto:amazon@barnardos.org.uk">amazon@barnardos.org.uk</a>  Email for support re referrals  0121 236 9222</p>
	<p><b><u>Barnardos</u></b></p>		<p>Ukrainian Support  <a href="mailto:ukrainiansupport@barnardos.org.uk">ukrainiansupport@barnardos.org.uk</a> - email for a referral form  0800 148 8586 - helpline/ general enquiry  (CHe has referral form on email)</p>

	<p><u>Become children in care/ young leavers 15+</u></p> <p><b>Brook</b> Sexual health advice and support</p> <p><b>Bharosa</b></p>	<p>Support for Ukraine refugees</p> <p>Support/ Guidance homelessnes</p> <p>Sexual health &amp; support Healthy relationships</p> <p>Domestic abuse support for ethnic minority women who live in Birmingham</p>	<p><a href="https://becomecharity.org.uk/">https://becomecharity.org.uk/</a></p> <p>Care advice form: <a href="https://becomecharity.org.uk/get-support/care-advice-line/">https://becomecharity.org.uk/get-support/care-advice-line/</a></p> <p><a href="https://www.brook.org.uk/get-help/admin@brook.org.uk">https://www.brook.org.uk/get-help/admin@brook.org.uk</a></p> <p><a href="https://www.birmingham.gov.uk/info/20095/antisocial-behaviour-and-neighbour-disputes/1370/bharosa-domestic-abuse-service">https://www.birmingham.gov.uk/info/20095/antisocial-behaviour-and-neighbour-disputes/1370/bharosa-domestic-abuse-service</a> Referral <a href="https://www.birmingham.gov.uk/downloads/download/1711/bharosa-domestic-abuse-service">https://www.birmingham.gov.uk/downloads/download/1711/bharosa-domestic-abuse-service</a> 0121 3030368 <a href="mailto:bhorosa@birmingham.gov.uk">bhorosa@birmingham.gov.uk</a></p>
C	<b><u>Cruse Bereavement support</u></b>	Bereavement	<p><a href="https://www.cruse.org.uk/get-support/contact-local-branch/birmingham/">https://www.cruse.org.uk/get-support/contact-local-branch/birmingham/</a> 0121 558 1798 <a href="mailto:support@crusebirmingham.co.uk">support@crusebirmingham.co.uk</a> - email for support/guidance re referral</p>

	<p><u>Change - brief therapy 14+</u></p> <p><b>CASS-</b> Different areas covered</p> <p>CHILD SEXUAL EXPLOITATION</p> <p>Child Exploitation and online protection</p>	<p>Mental Health issues</p> <p>Report a concern / seek advice regarding a young person</p> <p>SCREENING TOOL</p> <p>Report issues of online abuse to a Child Protection Advisor</p>	<p><a href="http://www.changebrieftherapy.org/">www.changebrieftherapy.org/</a></p> <p><a href="mailto:sf@changebrieftherapy.org">sf@changebrieftherapy.org</a></p> <p>0121 638 0670</p> <ul style="list-style-type: none"> <li>Email for referral form</li> </ul> <p>0121 303 1888 - Support for Birmingham addresses (Birmingham Children's trust)</p> <p>0121 5693100 - Support for Smethwick addresses (Sandwell Children's trust)</p> <p>0121 788 4300- Support for Solihull addresses (Solihull Safeguarding Children Partnership)</p> <p>CHE email  <a href="https://www.birminghamchildrenstrust.co.uk/downloads/file/29/trust_combined_child_exploitation_screening_tool_september_2020">https://www.birminghamchildrenstrust.co.uk/downloads/file/29/trust_combined_child_exploitation_screening_tool_september_2020</a></p> <p>For students:  <a href="https://www.ceop.police.uk/Safety-Centre/">https://www.ceop.police.uk/Safety-Centre/</a></p> <p>For staff:  <a href="https://www.thinkuknow.co.uk/professionals/Referrals">https://www.thinkuknow.co.uk/professionals/Referrals</a>  <a href="https://www.ceop.police.uk/Safety-Centre/Should-I-make-a-report-to-CEOP-YP/Should-I-make-a-report-to-CEOP-concerned-adult/">https://www.ceop.police.uk/Safety-Centre/Should-I-make-a-report-to-CEOP-YP/Should-I-make-a-report-to-CEOP-concerned-adult/</a></p>
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		anti-abuse charity. They work with and for LGBT+ victims and survivors of interpersonal abuse and violence.	<a href="https://galop.org.uk/about/">https://galop.org.uk/about/</a>
<b>H</b>	<b><u>Horizon</u></b>	Sexual assault and violence support	<a href="https://horizonsarc.org.uk/who-is-it-for/supporter/">https://horizonsarc.org.uk/who-is-it-for/supporter/</a> Contact tel: 08009700375
<b>J</b>			
<b>K</b>	<b><u>Kooth</u></b>	Mental Health	<a href="http://www.kooth.com">www.kooth.com</a> <a href="mailto:safeguarding@kooth.com">safeguarding@kooth.com</a>
	<b><u>Kinmos</u></b>	Mental health support 18+ (independent/ supported living)	<a href="http://kinmos.org/services/">http://kinmos.org/services/</a>
<b>L</b>	<b><u>Living Well Consortium</u></b>	Mental Health Referral pathways- art therapy, anger management, dance therapy	<a href="https://livingwellconsortium.com/services/counselling/">https://livingwellconsortium.com/services/counselling/</a> Email for signposting/ advice <a href="mailto:info@livingwellconsortium.com">info@livingwellconsortium.com</a> 0121 663 1217 <a href="https://livingwellconsortium.com/home/do-you-need-help/">https://livingwellconsortium.com/home/do-you-need-help/</a>
<b>M</b>	<b><u>Mermaids</u></b>	Supporting transgender, nonbinary and gender-diverse children	<a href="https://mermaidsuk.org.uk/">https://mermaidsuk.org.uk/</a> <b>info@mermaidsuk.org.uk.</b> <b>Text mermaids to 85258</b>

	<p><b><u>Malachi</u></b></p> <p><b><u>(The) Mix</u></b></p>	<p>Family/ Parenting support and advice. Work with families who are struggling to come together.</p> <p>Various support services (&amp; information provider)</p>	<p>Parents need to consent to use of these materials unless students are 18+ <a href="https://www.malachi.org.uk/contact">https://www.malachi.org.uk/contact</a> Email for referral/ support etc.</p> <p>(CHe has referral form on email)</p> <p><a href="https://www.themix.org.uk/get-support">https://www.themix.org.uk/get-support</a> - local services listed for varied support.</p> <p>Counselling services 25 &amp; under <a href="https://www.themix.org.uk/get-support/speak-to-our-team/the-mix-counselling-service">https://www.themix.org.uk/get-support/speak-to-our-team/the-mix-counselling-service</a></p>
<b>N</b>			
<b>O</b>	<b><u>Open Door Youth Counselling</u></b>	Affordable counselling (£35 per session) Students and adults.	<a href="https://www.opendoorcounselling.org.uk/">https://www.opendoorcounselling.org.uk/</a> 0121 454 1116 <a href="mailto:info@opendoorcounselling.org.uk">info@opendoorcounselling.org.uk</a>
<b>P</b>	<p><b><u>PAUSE</u></b> - drop in centre. Digbeth -weekly timetable</p> <p><b><u>Place2be</u></b></p> <p><b><u>Papyrus</u></b></p>	<p>Mental Health Drop in Centre</p> <p>Mental Health</p> <p>Suicide Prevention</p>	<p><a href="https://forwardthinkingbirmingham.nhs.uk/pause/">https://forwardthinkingbirmingham.nhs.uk/pause/</a> - drop in sessions wellbeing centre Students need to sign up beforehand LINK:</p> <p>Onsite - ext. 5924 Tuesday, Wednesday, Friday text P2B: 85258</p> <p>Hopeline 08000684141 <a href="mailto:Pat@papyrus-uk.org">Pat@papyrus-uk.org</a> <a href="http://www.papyrus-uk.org">www.papyrus-uk.org</a> <a href="https://www.papyrus-uk.org/wp-content/uploads/2018/10/Suicide-Safety-Plan-Template-1.pdf">https://www.papyrus-uk.org/wp-content/uploads/2018/10/Suicide-Safety-Plan-Template-1.pdf</a> CHe has made suicide prevention packs. In GA6 and the Sixth Form Office.</p>





	<p><b><u>Self Harm</u></b></p> <p><b><u>Shout</u></b></p> <p><b><u>The Sweet Project</u></b></p> <p><b><u>SAFE Birmingham</u></b></p>	<p>Homelessness</p> <p>Self harm useful alternatives</p> <p>Mental Health</p> <p>Advice to parents who have children with behaviour issues</p> <p>Any students at risk of violent criminal behaviour to refer for support</p>	<p>Local support  <a href="https://england.shelter.org.uk/get_help/local_services/birmingham_gateway_house">https://england.shelter.org.uk/get_help/local_services/birmingham_gateway_house</a>  <a href="https://www.shelter.org.uk/">https://www.shelter.org.uk/</a></p> <p><a href="https://www.selfharm.co.uk/">https://www.selfharm.co.uk/</a>  <a href="https://www.adolescentselfinjuryfoundation.com/things-to-do-besides-self-harm">https://www.adolescentselfinjuryfoundation.com/things-to-do-besides-self-harm</a></p> <p>Text SHOUT to 85258</p> <p><a href="https://sweetproject.co.uk/commissioned-childrens-services/">https://sweetproject.co.uk/commissioned-childrens-services/</a> - parents can attend dropins/ attend workshops etc  0121 458 2270</p> <p><a href="mailto:leaann.bentley@westmidlands.police.uk">leaann.bentley@westmidlands.police.uk</a>) or  Maxene Whittingham  <a href="mailto:maxene.whittingham@westmidlands.police.uk">maxene.whittingham@westmidlands.police.uk</a>)</p>
<p><b>T</b></p>	<p><b><u>Tough Enough to Care</u></b> - supporting men's mental health 18+</p>	<p>Men's mental health service</p>	<p>Support groups -  <a href="https://toughenoughtocare.help/groups@toughenoughtocare.org">https://toughenoughtocare.help/groups@toughenoughtocare.org</a></p>

	<p><u>Trident Reach</u> - Provides housing/support service</p>	<p>16-25 years old</p>	<p>Will sign post for under 18- email asking for support  <a href="https://tridentgroup.org.uk/care-support">https://tridentgroup.org.uk/care-support</a>  <a href="mailto:BhamYPref@tridentreach.org.uk">BhamYPref@tridentreach.org.uk</a>  For advice: 0121 226 5800.</p>
	<p><u>Talk ED</u></p>	<p>Anorexia and Bulimia care</p>	<p><a href="https://www.talk-ed.org.uk/support-services/">https://www.talk-ed.org.uk/support-services/</a> - how they can help  <a href="https://www.talk-ed.org.uk/support-services/support-calls/">https://www.talk-ed.org.uk/support-services/support-calls/</a> - book support calls for students  <a href="https://www.talk-ed.org.uk/support-services/peer-support-groups/">https://www.talk-ed.org.uk/support-services/peer-support-groups/</a> - book online support groups for students or book the parent/friend support group for support for family</p>
	<p><u>Turn2Us</u></p>	<p>Support for families/ individuals to gain access to welfare benefits, charitable grants, financial guidance</p>	<p><a href="https://www.turn2us.org.uk/">https://www.turn2us.org.uk/</a></p>