



Monday 5th October – Friday 9th October 2026

Week B

Lordswood School for Girls

<https://lsg.kevibham.org/>

0121 429 2838

Upcoming dates

Date	Event
Monday 5 th October 2026	
Tuesday 6 th October 2026	KS4 School Council meeting KS4 Netball fixture @ Kings Norton Girls
Wednesday 7 th October 2026	Year 7 Curriculum Evening (5-6pm) Careers Champions Meeting @ lunchtime
Thursday 8 th October 2026	Year 13 History trip to university
Friday 9 th October 2026	Year 6 open morning 9-9:45 Year 11 & 13 November mock exam timetables to be shared Year 12 Careers trip @ Edgbaston Cricket ground

This week has been a fantastic celebration of our commitment to being a Gold Rights Respecting School. Throughout the week, students have been exploring the importance of children's rights and how these values shape our school community, helping to ensure that every student feels respected, valued and heard.

A particular highlight was our first meeting with the Key Stage 3 Student Council Representatives. Students have already begun planning exciting projects to gather student voice and help shape future improvements across the school. Areas of focus include toilet facilities, additional outdoor seating and canopies, as well as lunchtime equipment and activities to support enjoyable and inclusive breaktimes.

We were also proud to mark the start of Black History Month, recognising the achievements, contributions and experiences of Black individuals throughout history and today. A range of activities and learning opportunities will take place over the coming weeks to celebrate diversity and promote understanding across our school community.

Adding to an already busy week, we welcomed colleagues from KEVI as part of a quality assurance visit. Visitors spent time in lessons and around the school, seeing first-hand the wonderful learning, engagement and positive relationships that make our school such a special place. We are incredibly proud of our students and staff for showcasing the vibrant and supportive environment we enjoy every day.

Thank you to everyone who continues to contribute to making our school a place where every student can thrive.

Wider Personal opportunities for September

September has been an exciting and rewarding month, with students across the school taking part in a wide range of curriculum and extra-curricular opportunities. Highlights included a Sociology visit to the Police Museum, an Art & Photography trip to Birmingham Art Gallery, and Geography field trips to Carding Mill Valley for Years 12 and 13. Students also successfully participated in Duke of Edinburgh Award qualifying activities, developing valuable teamwork and leadership skills.

Our sporting calendar got off to a strong start, with students representing the school in senior netball fixtures and rugby tournaments. These experiences have provided opportunities for students to develop new skills, build confidence, stay active and enrich their learning beyond the classroom. We look forward to seeing even more students getting involved in the exciting opportunities planned for the rest of the year.

Is my child too ill for school?

Please see below advice on whether your child can come to school due to illness.

Is my child too ill for school?

Does your child have a high temperature (38°C or more)?

YES Keep them off school until it goes away.

NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	Cold sores Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	Impetigo They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	Conjunctivitis Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	Ringworm See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	Measles They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	Scarlet fever They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	Vomiting & diarrhoea Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	Chickenpox Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Period related absence/ issues

Schools will not, as a matter of course, authorise time off for period-related absence. Mild/moderate cramps are normal, and symptoms can be eased by taking general over the counter medication such as paracetamol.

Pharmacists can also recommend more targeted products if necessary, and should generally be the first port of call, rather than the GP.

We would ask that parents contact the school medical officer if the student has any health conditions linked to period issues such as endometriosis. Special arrangements can be made in these cases.

In more severe cases we ask that parents seek advice via the GP, who can liaise with the community school nurse regarding the need for absence from school.

School has a supply of pads, tampons and fresh underwear should students need these during the school day.

Please click the link below for more information on Periods

[Period Pamphlet.pdf](#)

Date for your diary: Sixth form open evening

Our Sixth form open evening will take place on Wednesday 18 November 2026 between 5pm-7pm.

Upcoming dates for Year 7 parents:

Wednesday 7th October (5 - 6 pm) Year 7 Curriculum Evening in the Hall.

Wednesday 21st October Year 7 Parents' evening with Form Tutor

(To discuss how your daughter has settled in at Lordswood. This is not a subject specific parents' evening, as this will be in the summer term).

Letters will be sent out to invite you to the above events and inform you of timings in more detail.

Mrs Peniket



WEAR RED DAY - Show Racism the red card - non-uniform day - Friday 16th October 2026

On Friday 16th October 2026, it's 'WEAR Red' day. This is the UK's greatest celebration of the anti-racist movement. A day of togetherness, reflection, and fundraising.

At Lordswood, we take anti-racism very seriously, promoting equality, diversity and inclusion throughout our whole school community and that is why we are supporting this worthy cause.

To show your support, we would like to invite all students to wear non-uniform, including something red, in return for a donation of £1.

To make your donation of £1, you can use parent pay.

The ability to make a donation via parent pay will be open from **Monday 12th October at 8:00am and will close on Tuesday 20th October at midnight.**

Please remember that on occasions like this appropriate clothing should be worn as the school is still a working environment. Please read the information below called ' Non- uniform day dress code' to check what is allowed and what isn't.

NON-UNIFORM DAY – KS3/KS4 (detailed)

NON-UNIFORM DAYS DRESS CODE	On occasions when students are permitted to wear their own clothes (charity fund raisers, school trips and visits), it is important that students dress appropriately as the school is still a working environment. • Hats should be removed inside the school building. • Slash jeans should not be worn. • Skirts, shorts and dresses should be at least mid-thigh length • Usual school rules still apply to hair colouring. The following clothing is not allowed: • see-through clothing (e.g. see through blouses), • strapless or spaghetti strapped tops, • clothing that reveals the midriff, • clothing with inappropriate logos or slogans, this includes clothing that could be considered political or partisan. • flip flops, high heels or backless footwear. • Large hooped earrings are not permitted for health and safety reasons. • Nail extensions/false nails are not permitted for health and safety reasons. Moderate makeup and nail varnish is permitted on a 'non-uniform' day but should be removed before the following school day.
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This can also be found on the 'School Uniform' page in the student planner.

Please also be aware that students cannot wear 'crocs' footwear.

Please also be aware that nail varnish is allowed but nail extensions are not.

Please remind you child to bring in their lunch card

For more information visit <https://www.theredcard.org/wear-red-day/>

Thank you for your support

Mrs. Finucane

AHT: Personal Development

Keeping Safe Online

Find out how to keep your child safe online.

Don't forget the Online Safety Hub! You can access it for free here:

[KEVI Online Safety Hub](#)

The Online Safety Hub is an online resource with lots of expert advice and guidance to help you manage your child's safety online as a parent. It includes information on the latest hot topics when it comes to keeping children safe, such as how to manage your child's screen time, understand the latest gaming platforms, what they mean for your child's safety, and lots more.

We're also offering you as a parent, a free Qustodio account facilitating parental controls on any individual device and free premium access for 30 days. Gain more visibility on what's going on in your child's online world. Block dangerous content, introduce screen-free schedules, receive alerts for

inappropriate content, keep tabs on their location, and more. Follow the link to create your free account.

[Qustodio](#)

Anger Management in Children - NSPCC

Every year many thousands of children are referred to Childline for anger issues. Anger management in children is one of the top mental health concerns in childcare. Anger and the ability to control it are key skills of adulthood. Violent thoughts frequently bubble underneath human interactions. Anger is the quickest way for those thoughts to become reality. For this reason, it is tightly regulated in our society. Children must learn to overcome anger so that they do not fall into a foul of strict controls on violent conduct. However, this is difficult for children to learn to manage since anger is remarkably powerful. Yet as parents and teachers there is no choice but to teach them to reign these emotions in. This can be hard knowledge to impart, but the NSPCC has produced helpful resources to aid you in that vital mission. If interested, please follow the link below:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/arguments-conflict-family-tension>

Talking point:

To encourage good oracy, we ask that parents and students discuss a different 'big question' each week. This does not have to be done during a dedicated discussion time; it could be whilst doing any daily activity, e.g. driving somewhere, eating dinner, shopping.

The topic of this week's talking point is Strength and resilience

The question prompted for this week is: What's an easy way to make the world a better place?

Biology Week: ASAB 2026 Infographic Competition

Draw, paint, sketch, or digitally create artwork that captures the behaviour of animals and have the chance to appear in the scientific journal Animal Behaviour.

This 2026 competition is for young people to design a poster that contains images and information about the animal behaviour of one, or multiple species of non-human animals.

You can draw, paint, sketch or digitally create artwork that captures the behaviour of animals. There are no restrictions on the type of drawing, painting or poster that you create, it must include information on the behaviour of the animals you are highlighting.

The winning infographic in each category will be published inside the scientific journal Animal Behaviour.

Submit

Email a picture of your infographic and completed entry form to education@asab.org by midnight on the 18th of October 2026. There is more information, the entry form and past examples on the ASAB website [here](#).

Contact

Please direct any queries to Charlotte Evans at education@asab.org.
<https://my.rsb.org.uk/item.php?eventid=4961>

Careers & Next Steps

Year 12 Apprenticeship and University Fair Friday 9th October Edgbaston Stadium

All Year 12 are expected to attend. Please ensure you have provided consent using the trip letter sent to you and remind your child to register for the event in advance using the link below.

Students will travel independently to and from the event. They must meet staff at the stadium's main entrance promptly at 10am and register with staff again at 2pm before being dismissed to make their own way home.

Final Reminders

1. Register for the event in advance. All students and staff attending must register through the 'UKUniApp', or using the registration link here: <https://www.ukuniversitysearch.com/fair-signup/birmingham-autumn-2026>

Students should have their QR code ready on their phone or printed for scanning at the entrance.

2. Meet staff at 10am promptly. Students attending must meet Mrs Leadbetter, Mrs McInerney and Mrs Lloyd at the stadium's main reception for registering. There is only one entrance.

3. Lunch arrangements. Food will be available to purchase, although the stadium may operate a cashless system. Lunch will be provided for students eligible for free school meals.

4. Seminars. Students can attend any of the seminars listed below without booking. These are a useful opportunity to find out more about university, apprenticeships, student finance, personal statements and more.

5. Register with staff again at 2pm before leaving. Students will then be dismissed to make their own way home.

10:10am - 10.30am	Student Finance
10.40am - 11.00am	UCAS Personal Statement
11:10am - 11.30am	Why take an Apprenticeship
11.40am - 12.00pm	University Life
12:10pm - 12.30pm	Russell Group University Seminar
12.40pm - 13.00pm	Studying and Careers in Business

13.10pm - 13.30pm	Higher & Degree Apprenticeships
13.40pm - 14:00pm	UCAS Personal Statement

Careers Webinars for Parents & Carers of 18-24 Year Olds

Please see the link below for information on upcoming informative webinars for parents and carers and aspiring apprentices.

[Webinars & Workshops - Amazing Apprenticeships](#)